

SCHOOL FOOD COMPANY DAIRY FREE LUNCH MENU - NOVEMBER 2019 to APRIL 2020

WEEK ONE				
Week commencing: 11/11/19, 02/12/19, 06/01/20, 27/01/20, 24/02/20, 16/03/20				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CHICKEN TIKKA RICE	ORGANIC MINCED BEEF IN GRAVY MASH Or PASTA ITALIENNE (wholemeal pasta in a smooth tomato and vegetable sauce) (v)	ROAST PORK ROAST POTATOES CARROTS, PEAS AND GRAVY	ORGANIC BEEF BOLOGNESE WHOLEMEAL PENNE PASTA	SOUTHERN STYLE CHICKEN GOUJONS CHIPS
JACKET POTATO CHOICE OF FILLING	JACKET POTATO CHOICE OF FILLING	JACKET POTATO CHOICE OF FILLING	JACKET POTATO CHOICE OF FILLING	JACKET POTATO CHOICE OF FILLING
SANDWICH WITH CHOICE OF FILLING	SANDWICH WITH CHOICE OF FILLING	SANDWICH WITH CHOICE OF FILLING	SANDWICH WITH CHOICE OF FILLING	SANDWICH WITH CHOICE OF FILLING
FRESH FRUIT PLATTER CHOCOLATE CRUNCH BISCUIT	FRESH FRUIT PLATTER FLAPJACK	FRESH FRUIT PLATTER APPLE CRUMBLE	FRESH FRUIT PLATTER SPONGE CAKE	FRESH FRUIT PLATTER SYRUP BISCUIT

WEEK TWO				
Week commencing: 18/11/19, 09/12/19, 13/01/20, 03/02/20, 02/03/20, 23/03/20				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
FREE RANGE PORK STIR FRY EGG NOODLES	CHICKEN TIKKA TUMERIC RICE Or VEGETARIAN SAUSAGE ROLL BAKED POTATO WEDGES (v)	ROAST TURKEY ROAST POTATOES CARROTS, PEAS AND GRAVY	ORGANIC BEEF BURGER WHOLEMEAL ROLL WINTER SLAW AND KETCHUP	SALMON FISH FINGERS (msc) CHIPS
JACKET POTATO CHOICE OF FILLING	JACKET POTATO CHOICE OF FILLING	JACKET POTATO CHOICE OF FILLING	JACKET POTATO CHOICE OF FILLING	JACKET POTATO CHOICE OF FILLING
SANDWICH WITH CHOICE OF FILLING	SANDWICH WITH CHOICE OF FILLING	SANDWICH WITH CHOICE OF FILLING	SANDWICH WITH CHOICE OF FILLING	SANDWICH WITH CHOICE OF FILLING
FRESH FRUIT PLATTER MADIERA CAKE	FRESH FRUIT PLATTER MELTING MOMENT BISCUIT	FRESH FRUIT PLATTER	FRESH FRUIT PLATTER COCONUT CRUNCH BISCUIT	FRESH FRUIT PLATTER CHOCOLATE OATY SLICE

WEEK THREE				
Week commencing: 04/11/19, 25/11/19, 16/12/19, 20/01/20, 10/02/20, 09/03/20, 30/03/20				
MEATLESS MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SWEET POTATO AND CHICKPEA CURRY WHOLEMEAL CHAPATI (v)	TASTY FISH BUTTY (msc) (breaded pollock fillet, wholemeal roll, winter slaw and ketchup)	ROAST BEEF ROAST POTATOES CARROTS, PEAS AND GRAVY	VEGETABLE BIRIYANI MINI FREE RANGE OMELETTE (v)	ORGANIC BEEF MEATBALLS CHIPS GRAVY
JACKET POTATO CHOICE OF FILLING	JACKET POTATO CHOICE OF FILLING	JACKET POTATO CHOICE OF FILLING	JACKET POTATO CHOICE OF FILLING	JACKET POTATO CHOICE OF FILLING
SANDWICH WITH CHOICE OF FILLING	SANDWICH WITH CHOICE OF FILLING	SANDWICH WITH CHOICE OF FILLING	SANDWICH WITH CHOICE OF FILLING	SANDWICH WITH CHOICE OF FILLING
FRESH FRUIT PLATTER ORANGE CAKE	FRESH FRUIT PLATTER OATY BISCUIT	FRESH FRUIT PLATTER JELLY AND FRESH FRUIT	FRESH FRUIT PLATTER CHOCOLATE SPONGE	FRESH FRUIT PLATTER GINGER BISCUIT